



Medical Health Conferences for Schools

In collaboration with clinical staff, we will be inviting schools within our catchment area to upskill teaching staff in areas of Asthma, Allergy, Epilepsy, Diabetes and CAMHS. Previously, community nurses visited schools directly, leaving limited time for staff to share and discuss best practices. We believe this new approach will be a far more effective way to deliver essential training and information. The first conference will take place in the Atrium of the Royal Free Hospital on **Tuesday 17 June**. Invites to follow soon.

Careers and Destinations

This term, our young people are busy exploring and making applications for post 16 destinations. We understand this can be a daunting process so many tutors have accompanied students from the Futures programme to a number of course providers such as the Harrington Charity and the Nursing Apprenticeship at The Royal Free. John will also be accompanying the group to the Jobs in the NHS Show Case at the Atrium on **Wednesday 26 March** for taster sessions.



Message from the Headteacher

It's been another half-term filled with fantastic achievements, as students and staff continue working hard to support our young people in making great progress in their educational journeys. After a successful period of mock exams, our Year 11 students are fully focused on preparing for their GCSE examinations, which begin with the Citizenship paper on 8th May. We are already incredibly proud of their dedication and efforts. We will be inviting parents of Year 11 students to a school event on **Monday 24 March at 3pm**, where we will explain the exam process in more detail and provide practical tips on how to support your children throughout this period. In other news, James and Teresa are planning an exciting residential trip in July to Darsham Country Centre in Suffolk, where students will have the opportunity to connect with nature over a two day residential. It's an exciting time for the school, and I look forward to sharing the outcome of our recent Ofsted inspection with everyone in due course. **David Wilson**



Goodbye to Szilvia

After eight years, Szilvia will be greatly missed as she embarks on an exciting new chapter. Having secured a teaching position in the warmer climes of Cyprus, we want to express our heartfelt thanks for her incredible contribution to the life of the school and wish her all the very best for the future.



Before



After



Croc Transformation

Albie had a 4 hour wait on the ward recently, so taking one look at his all white Crocs, Damian identified this as the perfect opportunity for some vibrant world street art. They explored the works of renowned artists such as Banksy, Stik, and Mr Doodle, discussing their unique styles and underlying messages. Albie was so inspired he's thinking of taking the idea back to his school to share with others.



Roundhouse Rehearsal for Life

Over a five-week collaboration with the Roundhouse outreach team, we developed a customized *Rehearsal for Life* workbook, which on completion will be shared across the school community and with other young people. In addition to working on this creative project, students engaged in a variety of drama activities, games, role play and exercises designed to enhance communication skills, foster trust, and empower the individuals who took part in the creation of the workbook.

Term dates for this Academic Year 2024-25:

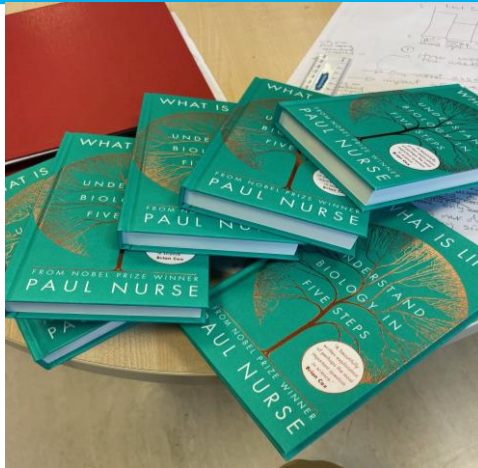
Spring term 1 Tue 7 Jan - Fri 14 Feb
 Spring term 2 Mon 24 Feb - Fri 4 April
 Summer term 1 Tue 22 Apr - Fri 23 May
 Summer term 2 Mon 2 June - Fri 18 July
 GCSE Art Exam: Tues 25 March - Fri 28 March

Dates for the Diary:

Deadline for application for Access Arrangement Fri 21 March
 Exam preparation and information evening for parents and carers 3pm, Mon 24 March
 NHS careers showcase at Royal Free for Futures Group Wed 26 March
 Medical Needs Conference for Schools at the Royal Free Atrium Tues 17 June
 School visit to the Crick Institute 10.30-12.30pm, Fri 4 April

What is Life? – Promoting Literacy

In order to promote our love of reading and to observe World Book Day, every member of the school has received a copy of Paul Nurse's book, *What is Life*. One hundred copies were kindly donated by the Crick Institute, where Paul is currently the CEO and soon to be President of the Royal Society. The book covers many aspects of the GCSE course such as the cell, the gene and evolution by natural selection. The books will also be offered on the ward alongside our current Read for Good programme.



Trip to Waitrose Cookery School

This term, we had a fantastic experience at the Waitrose Cookery School in King's Cross. Guided by professional chefs, we learned how to prepare fresh dishes from scratch, exploring key cooking techniques such as kneading dough and perfecting a rich, flavourful tomato sauce. The hands-on experience was both educational and enjoyable, helping to build confidence in the kitchen. A huge thank you to the Waitrose team for their expert guidance and support in nurturing our future chefs!



CAPA Interns

Julia Lowy, from the University of Pittsburgh, and Malia Davis, from Union College, New York, are final year Psychology students, interning at the hospital school since January. After graduation this summer, both plan to follow doctorate courses and have gained useful insight into the research process, participating in asthma and staff wellbeing quality improvement projects in addition to collaborating completing a project proposal for the paediatric Emergency Department.



Open Days for Professionals at the Hive

We continue to work closely with Catch 22, based at The Hive in Swiss Cottage. As the promotion of Mental Health Hubs has become a government priority, professionals can register via this link for the dates listed below:

<https://forms.office.com/e/RQr3q2kwLn?origin=lpLink>

- Tues 25th of Feb 2025 11am-1pm
- Tues 27th of May 2025 11am-1pm
- Tues 26th of Aug 2025 11am-1pm
- Tues 25th of Nov 2025 11am-1pm

New Paths and Beginnings

In Beginnings and Paths we provide personalised one-to-one teaching in a nurturing environment for young people who have been out of mainstream education. Our approach focuses on gently re-engaging students through interest-based learning, tailoring the curriculum to their strengths and needs, and offering targeted interventions. We prioritise emotional wellbeing, helping students develop strategies to succeed both personally and academically.



Billie meets the PM

Billie recently played a key role in helping Keir Starmer and Angela Rayner launch their *Plan for Change* to the nation. Briefed shortly before meeting the PM on speaking as an NHS patient, she had no idea she would be addressing a live audience on national television! Billie was sworn to secrecy until the night before filming took place at Pinewood Studios in Borehamwood. Not only did Billie represent the NHS with pride, she also delivered a very moving account of the vital work with young people at Konstam.

