

Life and Leisure Curriculum Statement of Intent

Intent

The Life and Leisure curriculum aims to provide students with a diverse, engaging, and practical learning experience that develops essential life skills, fosters creativity, promotes well-being in preparation for life beyond school. This subject integrates activities such as canoeing, personal finance, sport, scriptwriting, and digital media, ensuring a broad and balanced curriculum that meets the varied interests and needs of all students, including those with SEN.

The curriculum is designed to increase students' life capital by equipping them with skills and knowledge that are applicable in real-world settings. Through culturally, socially, and morally inclusive content, students gain confidence and are empowered to explore personal interests while preparing for future challenges.

Implementation

The curriculum is structured to ensure consistent skill and knowledge development across all areas:

- **Canoeing:** Builds teamwork, resilience, and physical fitness while promoting mental well-being through outdoor activity.
- **Personal Finance:** Introduces essential financial literacy topics such as budgeting, saving, and understanding credit to prepare students for financial independence.
- **Sport:** Enhances physical health, teamwork, and competitive spirit, fostering holistic development.
- **Scriptwriting:** Encourages creativity, critical thinking, and communication skills through storytelling and writing exercises.
- **Digital Media:** Develops technical expertise, media literacy, and creative problem-solving in an increasingly digital world.

Lessons are interactive and experiential, supported by opportunities for group discussions, hands-on activities, and real-world applications. External speakers, field trips, and project-based learning further enrich the curriculum.

Assessment methods include formative assessments, peer reviews, and self-assessments, focusing on skill development and reflective practice rather than solely academic outcomes. Resources and support are tailored to individual needs, ensuring accessibility for all students.

Impact

The Life and Leisure curriculum prepares students to confidently engage in a variety of life situations. By fostering independence, creativity, and collaboration, students leave with the skills and mindset to succeed in further education, careers, and personal pursuits. The program also contributes to their physical and emotional well-being, ensuring a balanced approach to personal growth and development.