

Mental Health Support at RFHCS Konstam

Information for parents/carers

At RFHCS Konstam, all staff take responsibility for promoting emotional wellbeing and supporting students' mental health. We offer a range of interventions to support young people.

What mental health provision is available?

As part of our Mental Health provision at RFHCS Konstam, young people can also be supported by:

Emotional Literacy Support Assistants

Drama Therapy

Music Wellbeing sessions

Educational Psychology

Speech and Language Therapy

An Educational Psychologist also works at our school to meet the needs of our students. This means that she is able to offer more targeted support for students who need it. As our Educational Psychologist works across all our programmes, we ask all parents/carers for written consent for Educational Psychologist involvement when students start at the school.

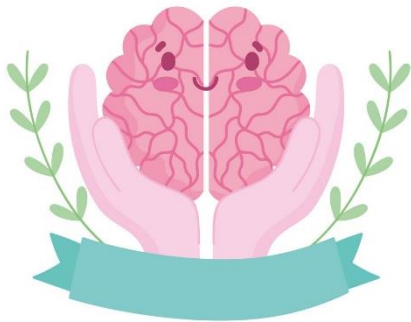
If our Educational Psychologist will be working directly with your child (as outlined below) we will contact you to discuss the reasons for this.

What is an Educational Psychologist?

Educational Psychologists work with young people, families and professionals to help ensure that students are emotionally well and able to learn in school. Educational Psychologists can help in a range of areas such as learning, attendance, mental health and communication.

How does an Educational Psychologist become involved?

Staff at school meet regularly to discuss students' progress. The Educational Psychologist at our school is involved in these conversations. If a student needs additional, personalised support, it may be suggested that the Educational Psychologist become more involved with them. We inform parents/carers if this level of involvement is suggested.



What might the Educational Psychologist do?

Educational Psychologists work in different ways depending on what they are helping with. This could include:

- Consultation meetings with school staff and parents/carers
- Attending multi agency meetings for individual students
- Individual assessment with students (gaining student views, exploring emotional wellbeing, understand learning strengths and difficulties)
- Therapeutic support for students relating to school based goals (e.g. improving attendance, forming friendships, engaging with learning)

How will I know what plans have been made?

You may be invited to a meeting with the Educational Psychologist and staff at school so that plans can be made with you. A summary of the Educational Psychologist's involvement may also be written which will be sent to you and your child.

If you have any questions, please contact: admin@royalfree.camden.sch.uk

Royal Free Educational Psychology Involvement

Parent/Carer Consent Form

Student Information

Name:	
Date of birth:	
Programme:	
Gender/pronouns:	
Ethnicity:	
Does the young person have an EHCP?	

Parent/Carer Information

Name of parent/carers:	
Relationship to young person:	
Phone number:	
Email address:	
Home address:	
Interpreter required?	

Working with the Educational Psychologist could involve:

- Talking to parents/carers and school staff
- Attending multi agency meetings for individual students and talking to other professionals involved with your child
- Observing your child in a lesson
- Individual assessment with students (gaining student views, exploring emotional wellbeing, understand learning strengths and difficulties)
- Therapeutic support for students relating to school based goals (e.g. improving attendance, forming friendships, engaging with learning)

The Educational Psychologist may also keep records of their involvement with your child and may share relevant information with other professionals who are involved. You will be sent copies of reports, and can access all written information about your child.

I agree to the involvement of the educational psychologist with my child. This may include:

- Direct work with my child
- Keeping records of Educational Psychology involvement
- Sharing relevant information with other professionals

Name of parent/carer:	
Signature:	
Date:	