



PE and Sport Premium Impact Analysis 2023-24

The PE and sport premium for primary schools is government funding put in place to help primary schools, and schools with primary age students improve the quality of the PE and sport activities they offer their pupils.

For 2023-24 RFHCS had a **funding allocation of £11,992.**

Post COVID the school consulted with Camden's Sports Development team and have engaged a new coach for the RF Recreation Club sessions. The aims of the overall offer, particularly in terms of increasing the variety of sports, remains to increase participation in sport and games and support well-being through accessibility for as many as possible across all areas of the school (given the percentage of our different cohorts who also have presenting medical need or challenge)

The carry forward for 2023/24 is £132

Summary 2023-24

Schools should prioritise PE and sport premium spending to improve in the following 5 key areas:

- increasing all staff's confidence, knowledge and skills in teaching PE and sport
- increasing engagement of all pupils in regular physical activity and sport
- raising the profile of PE and sport across the school, to support whole school improvement
- offer a broader and more equal experience of a range of sports and physical activities to all pupils
- increase participation in competitive sport

Objectives of spending PPSG:

- Ensure all pupils equal access to participate in physical activity whilst at the RFHCS – to target spending across all 4 areas of the school's work
- Improve staff confidence and expertise in the delivery of sports and physical activity through, supported delivery, resource provision and our Activity Week in the Summer Term
- Continue to promote physical activity as a tool for holistic well-being; linked with our Gold Healthy Schools Award

- Continue to promote music and drama therapy approaches as a tool for holistic well being
- To provide weekly access to <https://strengthandlearningthroughhorses.org/> through the timetabled curriculum
- To secure weekly support from a PACE Worker <https://www.paceforall.com/camden-square>
- Develop the use of purchased equipment through imaginative activities that continue to promote opportunities and inclusive sport.
- Develop greater opportunity for competitive games within the school – Table Tennis tournaments etc

Academic Year 2023 24 Impact Analysis

Item / project Hire of Royal Free Recreation Centre for 2 hours each week	Objectives Provide pupils with a broad range of sporting opportunities, particularly non-traditional and inclusive sports. Provide access to inclusive facilities which RFHCS cannot provide – sports hall and fitness suite. Access to learning outside of the classroom		
Planned funding £1000	Actual Spend £1000	Impact Attendance and engagement was positive Post Lockdown. Space remains safe, secure and encourages activity for more reluctant participants – attendance to sessions was positive and improved again from 2022/23 Feedback positive	Sustainability / next steps Maintain access to facilities – plan to retain Thursday timetable slot for Sep 2023 and explore a second slot for Sep 2024 This has been a whole school activity every Thursday after the move to our new Konstam Centre NW3 in Sep 2023
Item / project July Activity Week	Objectives Develop self-confidence and self-belief Communication and Teamwork Self-management and regulation Problem-solving Develop resilience and independence		
Planned funding £4000	Actual Spend £4300	Impact This year we organised a week of London based trips and activities for the first time to accommodate a slightly larger group of young people but close enough that some could access on a day by day basis where medical barriers would have previously prevented this – this included canoeing/kayaking for the first time. Pupils reported very positively on the walking tours.	Sustainability / next steps Agreed a similar programme for the first summer at Konstam July 2024
Item / project Sports coaching	Objectives Enhance PE provision through specialist coaching for pupils 2 hours a week. Provide pupils with broader experiences of physical activity. Work alongside non-qualified staff to support delivery and provide sport based CPD Develop competitive opportunities for students.		
Planned funding £2700	Actual Spend £2700	Impact New coach secured for September 2023 through Lisa Inclusion Sport	Sustainability / next steps

		https://www.lisahub.org.uk/ Tom has been working more flexibly to encourage involvement including activity outside rec – heath walks etc Pupils report positively on inclusion, pupil voice and variety of opportunities. He has also managed to engage some of our CYP with holiday programmes including a full week of activities at Haverstock school that took place over Feb half-term 24.	We are hoping to retain Tom for Sep 2024 with plans to develop further use of AQA Unit awards to accredit examples of Sports Leadership,
Item / project Sports Equipment	Objectives Additional resources enabling broadening provision of physical activity Provide suitable adapted equipment for the medical needs of students. Provide pupils with broad sporting opportunities. Improve the access to sport for home based students.		
Planned funding £80	Actual Spend £80	Impact Additional equipment .	Sustainability / next steps Maintain current equipment; replace /update as necessary Develop 'tournament' play as a motivational tool
Item / project Targeted Interventions	Objectives PACE Camden (www.paceforall.com) PLAY ADVENTURE COMMUNITY ENRICHMENT Strength and Learning through Horses (www.strengthandlearningthroughhorses.org) EQUINE ASSISTED THERAPY To build resilience and team working skills in young people and support transition To provide exercise and education in an outdoor setting To support our commitment to the development of trauma informed practice To support our Beginnings work and transition into programmes at the Konstam Centre through PACE work		
Planned funding £ 3500	Actual Spend £ 3800	Impact - See Case Studies CASE STUDY: A Referred by: Virtual School LAC Gender/Age/Year group: F/17/11 Time out of education: Hasn't attended mainstream EHCP/EPep <i>A is highly vulnerable – suffering significant trauma and with a diagnosis of ASD. An attempted foster placement broke down in the Summer and this led to a period of repeated absconding and significant self-harm. Her team are desperate to avoid a secure hospital placement.</i> <i>We think working with horses has played a key role in her remaining at the children's home and supporting transition back to The Hive this term. Staff note</i>	Sustainability / next steps Further sessions secured through CAMHS Commission Next year's grant to provide ongoing support for transport and access for individuals PACE support ongoing and promotes resilience

		<i>improved communication with peers during Equine and generally at school. Took a lead role during Equine, 'acting more like a captain'. Prior to Equine sessions she would just sit back and wait to be told what to do. Noticeable increase in self-esteem during sessions.</i>	
Carry Forward 2022 23	£20		
Funding 2023 24	£11,992		
Total Spend 2023 24	£11,880		
<i>Carry Forward 2023/24</i>	£132		