

**At the Royal Free Hospital School, we never give up on a young person. We strive to work with empathy and understanding while providing challenge and hope for the future.**

### **Educational Support**

- Provide a range of learning styles and opportunities
- Help pupils adapt to change and establish routines around school and the classroom
- Provide consistency and continuity
- Make school engaging and stimulating
- Provide praise alongside challenge

### **Psychological Support**

- Create a school environment where pupils feel psychologically safe and secure
- Challenge the stigma of mental illness and teach tolerance and understanding
- Develop our own skills, knowledge and understanding around adolescent mental health
- Address sensitive issues with openness and transparency
- Provide safe boundaries about the level of support that educationalists can offer
- Work in partnership with external services and professionals

### **Trauma Informed Practice**

- Always look for the 'why' that lies beneath behaviours and respond to this
- Ensure that we are using a simple, clear, fair and consistent behaviour policy
- Foster a sense of belonging and togetherness
- Give pupils a voice and a sense of autonomy
- Respond to behaviours fairly, consistently and with patience and empathy
- Make school a safe place in which pupils can talk about feelings

### **Safeguarding**

- Create the relationships needed for opportunities that make disclosures more likely
- Respect confidentiality. Have clear policies about what information can be shared
- Challenge bullying
- Challenge any form of discrimination or prejudice