July 2023

The Royal Free Hospital Children's School Newsletter Summer Term July 2023

Doreen Addy Awarded at Farewell Lunch Doreen was a highly valued former teaching assistant, who passed away after a brief illness. One way her memory lives on is through the annual nomination of a student we believe to have made the greatest impact and personal progress based on the school's fundamental principle's of change, cooperation, contribution and consideration. This year's winner of the award is Safa. After finishing her GCSEs, she's off to City and Islington College to study Animal Care. We wish her all the very best for the future. Very proud.



### Heartfelt Thanks to Our Stellar Interns!

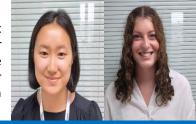
It's always refreshing to witness young talent stepping up and making a real impact within our organisation in such a short period of time. The work of Audrey Middaugh and Mackenzie Arthur introduced creative solutions to the table. We wish them all the very best for the future.

| Dates for Academic Year 2023-24: |                           |
|----------------------------------|---------------------------|
| Autumn term 1                    | Wed 6 Sep - Fri 20 Oct    |
| Autumn term 2                    | Tue 31 Oct - Thu 21 Dec   |
| Spring term 1                    | Mon 8 Jan - Fri 9 Feb     |
| Spring term 2                    | Mon 19 Feb - Thurs 28 Mar |
| Summer term 1                    | Mon 15 Apr – Fri 24 May   |
| Summer term 2                    | Mon 3 June – Mon 22 July  |



Jack Petchey Achievement Award

Reem was nominated by the Diabetes Team for her attitude, determination and understanding demonstrated during her diabetes education. She has decided to spend half the award on 10 Carbs and Cals books for other newly diagnosed young people, and the other half on a celebratory lunch and cinema trip for 5 of her best friends. Andoni (pictured left) missed his friends during his recent 3 week admission, so once discharged he used the award to show 5 of his best buddies a good time at lunch then on to the Super Mario movie.



2023-24 INSET Days: 1. Mon 4 Sept 2023 2. Tues 5 Sep 2023 3. Mon 30 Oct 2023 4. Tues 23 July 2024 5. Wed 24 July 2024 A level results Thurs 17 Aug 2023, GCSE results Thurs 24 Aug 2023

## Message from the Headteacher

Thank you to everyone for such a positive examination series - pupils responded very well to the challenge and have really earned their activity week this July. Congratulations should also go to Jemma and the Royal Free Eating Disorders team for the conference held in the Atrium on June 27th - feedback from delegates showed how the conference content was well targeted and very well received by a range of schools and providers in North London and beyond. We would like to say a formal thank you now to Krystal and the team from Catch 22 at The Hive and to Gillian and all at Camden Learning Centre for being gracious hosts to RFHCS provision over the last 3 years. There is a new chapter opening for the school in September with our move to the Konstam Centre in Highgate - I am due to meet a new cohort of parents there for the first time this week. As outlined to stakeholders already this is incredibly exciting and should enable us to increase the number of young people we can support. I'd like to say a huge thank you to Dean from Camden FM and the contractors who have worked tirelessly to get the building ready for educational provision again in September. There will be a formal opening on Friday October 20th at 3.00pm so please save the date. Lastly, I'd like to wish all the very best to Siobhan who, after 7 years as the school's SENDCO and Art teacher, is leaving us for Australia.

Alex Yates





Farewell, G'day and Best of Luck Mate! After 7 years as the school's Art teacher and Special Educational Needs and Disability Coordinator (SENDCO), our beloved colleague, Siobhan Auberge, is taking a leap of faith and embarking on an Australian adventure! She'll be swapping Marmite for Vegemite as she embarks on an educational expedition Down Under. We're certain our loss will be Australia's gain and she'll be providing the same level of dedication and expertise as she has done at the Royal Free School for the past 7 years.

## **Examination News**

This was our busiest ever examination series, with 18 internal and 33 private candidates sitting exams. The A' level results will be emailed directly to students on Thursday 17<sup>th</sup> Aug between 8.30am and 8.45am and GCSEs on Thursday 24<sup>th</sup> Aug at the same time. Steve Green, the school's Examinations Officer, will be available to deal with any queries on the day immediately via email. We know the period prior to results day can be an anxious time, so Kooth provide excellent advice to help keep things in perspective. Their brochure can be accessed here. <u>Exam day Brochure</u>



**Capturing Hope – A Generous Donation** London Studio Centre's Head of Widening Participation and Engagement, Michelle Bynoe, has donated a selection of Digital Cameras for use within our new building. This comes as a welcome and timely donation as one of our former pupils, Sofie, now a professional photographer, will be volunteering at the school and passing on her knowledge from September. Along with the new editing software, students will be able to use the equipment throughout the curriculum.

# kooth.com

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## **Eating Disorders Conference**

In collaboration with Royal Free CAHMS Eating Disorders Intensive Service (EDIS), the school held its second conference focusing on the recognition, prevention, and management of eating disorders for schools across the five boroughs served by the Royal Free Trust. Attended by over 70 delegates, this was a unique opportunity to specifically focus on how schools can support young people and their families to help normalise their relationship with food, discuss the common challenges, explore solutions and share good practice. Well done Jemma for making such a contribution.

# For a Super, Stimulating Summer . . .

To ensure this summer is super stimulating for young people wishing to maintain mental, Camden Summer University run over 30 courses, both in person and online, Any Camden resident between 13 and 19 can sign up at www.cmdn.co.uk, but hurry, hurry, hurry as spaces are filling up fast. Camden's guide to low cost things to do in the summer is also packed with great ideas accessed and can be at https://www.wemakecamden.org.uk/su mmer2023/



## **Activities Week**







Summer Term 2023

Busy Bees Planned for the Autumn Term We are thrilled to announce the launch of our school's brand-new Beekeeping Club! With a mission to promote environmental awareness and hands-on learning, this exciting venture is planned to create a buzz. Led by Szilvia, the club will improve our understanding of the importance of honeybees and their vital role in our ecosystem. From maintaining beehives to extracting honey, students will have the opportunity to gain valuable skills and knowledge with no stings attached.