



## **PE and Sport Premium** **Impact Analysis 2022-23**

The PE and sport premium for primary schools is government funding put in place to help primary schools, and schools with primary age students improve the quality of the PE and sport activities they offer their pupils.

The main focus for the RFHCS 2022-23 **funding allocation of £10,945**. Post COVID the school consulted with Camden's Sports Development team and have engaged a new coach for the RF Recreation Club sessions. The aims of the overall offer, particularly in terms of increasing the variety of sports, remains to increase participation in sport and games and support well-being through accessibility for as many as possible across all areas of the school (given the percentage of our different cohorts who also have presenting medical need or challenge) Plans to increase the offer to pupils in The Thomas Group and within the Outreach Service had to be enacted with the reopening of the RF Rec Club.

The carry forward for 2022/23 is **£20**

### **Summary 2022-23**

#### **Objectives of spending PPSG:**

- Ensure all pupils equal access to participate in physical activity whilst at the RFHCS – to target spending across all 4 areas of the school's work
- Improve staff confidence and expertise in the delivery of sports and physical activity through, supported delivery, resource provision and our Activity Week in the Summer Term
- Continue to promote physical activity as a tool for holistic well-being; linked with our Gold Healthy Schools Award
- Continue to promote music and drama therapy approaches as a tool for holistic well being
- To provide weekly access to <https://strengthandlearningthroughhorses.org/> through the timetabled curriculum
- To secure weekly support from a PACE Worker <https://www.paceforall.com/camden-square>
- Develop the use of purchased equipment through imaginative activities that continue to promote opportunities and inclusive sport.
- Develop greater opportunity for competitive games within the school – Table Tennis tournaments etc

# Academic Year 2022/23

## Impact Analysis

<b>Item / project</b> Hire of Royal Free Recreation Centre for 2 hours each week	<b>Objectives</b> Provide pupils with a broad range of sporting opportunities, particularly non-traditional and inclusive sports. Provide access to inclusive facilities which RFHCS cannot provide – sports hall and fitness suite. Access to learning outside of the classroom		
<b>Planned funding</b>  £2000	<b>Actual Spend</b>  £1000	<b>Impact</b>  Attendance and engagement was positive Post Lockdown. Space remains safe, secure and encourages activity for more reluctant participants	<b>Sustainability / next steps</b> Maintain access to facilities – plan to retain Thursday timetable slot for Sep 2023  This will be a whole school activity every Thursday after the move to our new Konstam Centre NW3 in Sep 2023
<b>Item / project</b> Activity Week	<b>Objectives</b> Develop self-confidence and self-belief Communication and Teamwork Self-management and regulation Problem-solving Develop resilience and independence		
<b>Planned funding</b>  £4000	<b>Actual Spend</b>  £4300	<b>Impact</b>  This year we organised a week of London based trips and activities for the first time to accommodate a slightly larger group of young people but close enough that some could access on a day by day basis where medical barriers would have previously prevented this – this included canoeing/kayaking for the first time. Pupils reported very positively on the walking tours.	<b>Sustainability / next steps</b>  .
<b>Item / project</b> Dedicated sports coaching	<b>Objectives</b> Enhance PE provision through specialist coaching for pupils 2 hours a week. Provide pupils with broader experiences of physical activity. Work alongside non-qualified staff to support delivery and provide sport based CPD Develop competitive opportunities for students.		
<b>Planned funding</b>  £3000	<b>Actual Spend</b>  £3000	<b>Impact</b>  New coach secured for September 2022 through Lisa Inclusion Sport <a href="https://www.lisahub.org.uk/">https://www.lisahub.org.uk/</a>  Tom has been working more flexibly to encourage involvement including activity outside rec – heath walks etc Pupils report positively on inclusion, pupil voice and variety of opportunities.	<b>Sustainability / next steps</b>  New coach secured for 2023/24.
<b>Item / project</b> Sports Equipment	<b>Objectives</b> Additional resources enabling broadening provision of physical activity Provide suitable adapted equipment for the medical needs of students. Provide pupils with broad sporting opportunities. Improve the access to sport for home based students.		

<b>Planned funding</b> £120	<b>Actual Spend</b> £120	<b>Impact</b> Additional table tennis and bowling equipment .	<b>Sustainability / next steps</b> Maintain current equipment; replace /update as necessary Develop 'tournament' play as a motivational tool
<b>Item / project</b> PACE and Strength and Learning Through Horses	<b>Objectives</b> To build resilience and team working skills in young people and support transition  To provide exercise and education in an outdoor setting  To support our commitment to the development of trauma informed practice		
<b>Planned funding</b> £ 3500	<b>Actual Spend</b> £ 3800	<b>Impact - See Case Studies</b> <b>CASE STUDY: A</b> <b>Referred by: Virtual School LAC</b>  <b>Gender/Age/Year group: F/17/11</b> <b>Time out of education: Hasn't attended mainstream</b>  <b>EHCP/EPep</b>  <i>A is highly vulnerable – suffering significant trauma and with a diagnosis of ASD. They showed sustained and significant progress on our Hive programme in 2020/21. An attempted foster placement broke down in the Summer and this led to a period of repeated absconding and significant self-harm. Her team are desperate to avoid a secure hospital placement.</i>  <i>We think working with horses has played a key role in her remaining at the children's home and supporting transition back to The Hive this term. Staff note improved communication with peers during Equine and generally at school. Took a lead role during Equine, 'acting more like a captain'. Prior to Equine sessions she would just sit back and wait to be told what to do. Noticeable increase in self-esteem during sessions.</i>	<b>Sustainability / next steps</b>  Further sessions secured through CAMHS Commission  Next year's grant to provide ongoing support for transport and access for individuals  PACE support ongoing and promotes resilience
<b>Total Spend 2022/23</b>	<b>£ 12,220</b>		
<b>Carry forward 2021/22</b>	<b>£1,295</b>		
<b>Funding 2022/23</b>	<b>£10,945</b>		
<b>Total</b>	<b>£ 20</b>		
<b>Carry Forward 2022/23</b>	<b>£ <u>20</u></b>		