

Oil on Canvas

Our GCSE art students are currently working on their final pieces and have produced some superb paintings on canvas for inclusion to their GCSE portfolios. They have explored the themes of natural forms and fantastic and strange as part of their programme of study. But it is not just about GCSEs; we plan to celebrate their achievements by showcasing their work in an exhibition acknowledging the school's recent acquisition of Artsmark Platinum status.



Jack Petchey Achievement Award

One of this term's achievement award winners is Safa. Her engagement and motivation has been quite remarkable since she joined the Day School in September. She has grown in confidence and has made close friends in such a short period of time. She has become an enthusiastic attendee of the Friday afternoon horse therapy sessions and loves interacting with all the horses. Safa will be using the award to transport the students unable to stay overnight to and from the residential activity.



Activity Week , July 11th - 13th

The coach has been booked, the activity lists have been sent out and I am sure all involved have started to pack for this year's residential at Carrotty Wood activity centre in Surrey. The coach leaves from the Hive on Mon 10am and returns around 5pm on Wednesday.



Dates for Academic Year 2021-22:

Spring term 2 Mon 21 Feb - Fri 01 April
 Summer term 1 Tues 19 Apr - Fri 27 May
 Summer term 2 Tues 7 June - Weds 20 July
 INSET Day 4, Thurs 21 July 2022
 INSET Day 5, Fri 22 July 2022
 World Inflammatory Bowel Disease Day Thurs 19 May

Residential Activity Trip Mon July 11th - Wed 13th

World Book Day Thurs 3rd March
 Science Week starts Fri 11th March
 Red Nose Day Fri 18th March
 World Asthma Day Tues 3rd May
 Mental Health Awareness Week Mon May 9 - Sun 15
 Platinum Jubilee Day - school closed Mon June 6

Message from the Headteacher

We have seen so much progress across our different sites this term and a number of our young people are preparing for the first exam series in over two years.

An undoubted highlight was the school receiving the Arts Mark Platinum Award in recognition of our fantastic creative arts offer across RFHCS – well done to Siobhan and all. A massive thank you also to our growing team of volunteers, currently at twelve, who make such a difference to the experience of young people in various different areas of the school.

We should also have some exciting news in terms of teaching space in the next newsletter. **Alex Yates**

FIVE WAYS TO WELLBEING



We support Mental Health Awareness Week Mon 9-15 May 2022



Birthday Girl on the Ward

Hospital admissions are no reason to stop birthday festivities, so Ameelah was treated to a very special caterpillar celebration cake which she shared with her good friend Yaniah, and other young people on the ward. The cake went down very well. Happy birthday!



Return of Shiva and Rolo

Welcome back to Shiva and Rolo who are once again supporting the GCSE Maths group at The Hive every Wednesday afternoon. Rolo helps with the climate for learning while Shiva provides 1-1 support for a number of pupils in the lesson. They have both been friends of the school for some time and Shiva's husband, Roger, also serves as a governor. As you can imagine, Rolo likes his revision how he likes his treats: BBC 'bitesize'.



The AIR we breathe

In polluted areas such as London, especially around busy roads, asthma remains a major challenge to the health of young people. With World Asthma Day soon approaching on May 3rd, the school received a talk from AIR Research, a charity attached to the Royal Free Medical School, raising awareness of the condition, how it is identified, prevented and treated. A very lively discussion followed involving ultra low emission zones and vaping dangers.

Tomorrow's Physician's Assistants

Emily McCann is one of our current CAPA interns all the way from Union College, New York, studying Biology and Psychology. Her post-graduate ambition is to enrol onto a Physician's Assistant course, so being able to shadow and assist some of the clinical teams during her internship has been an extra bonus and one more step closer to achieving that dream. She has been of immense help conducting surveys, writing reports and submitting abstracts on a number of quality improvement projects carried out on the ward.



Arts Award goes Platinum

We are delighted to have been honoured with Artsmark platinum award status in March 2022. Despite the inevitable challenges which have affected schools throughout the pandemic, we strive to maintain a high standard in all areas of our creative provision which filters across our whole school setting and into the wider community. Our recent Artsmark journey highlights many important developments including broadening our the school's offer with cross-curricular creative workshops, enriching staff CPD and prioritising pupil voice.

Fitzrovia Peer Support Group

Facilitated by mentors from the Fitzrovia Foundation based in Camden, the group met every Tuesday morning of this Spring term, promoting well-being and resilience through mutual support, problem solving and conflict resolution. At the end of the 6 week programme, there was a clear sense of cohesiveness and desire to face challenges openly within the group, using the solution-focused skills taught throughout the course.



Bowling Brilliance

We celebrated the end of spring term with a trip to the bowling lanes followed by lunch in a local restaurant. The day school have worked immensely hard since September and enter the Easter holidays knowing that their journeys back into education will end with securing their feet on the next rung of their career ladder, be that in college, employment or apprenticeship. This was a great opportunity to release the pressure valve and acknowledge the extent of progress made since September.



Examination news

Students are now in receipt of exam timetables. Please contact the school immediately if this has generated any concerns or questions. To reduce footfall into the hospital, this year's exams will be sat at a room in La Sainte Union School, Highgate Rd, London NW5 1RP. We will visit the exam room during the first week of the summer term. Don't forget to call the school if you are delayed or unwell on the day of exams. Good luck!