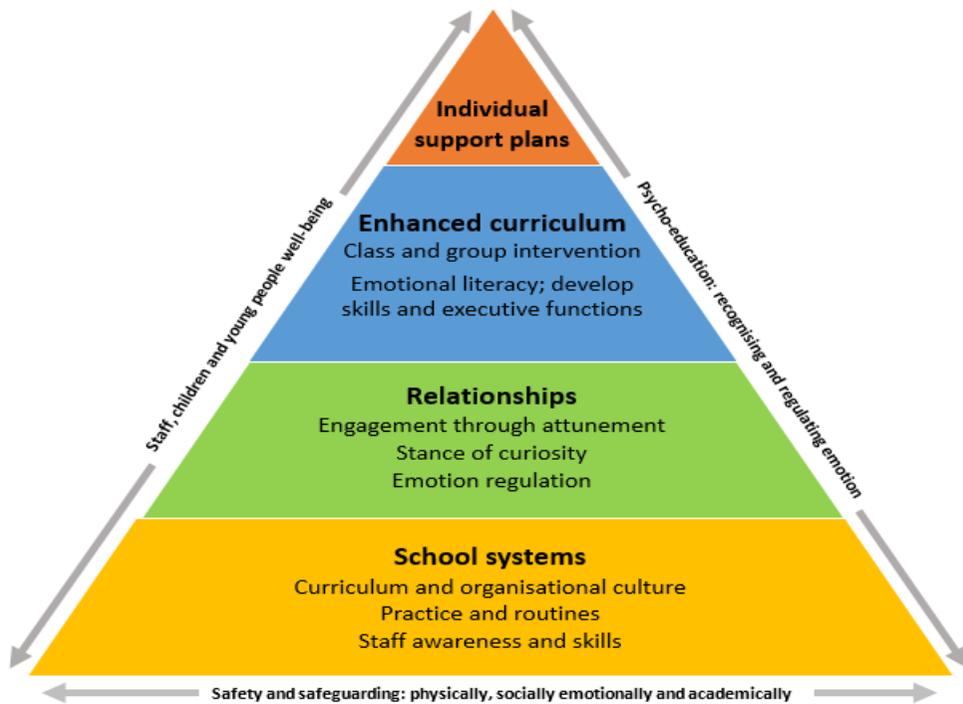


## Trauma Informed Practice in Camden (TIPiC)

Camden is implementing a borough-wide approach to ensure that 'Trauma Informed Practice' underpins our work with vulnerable children and their families who have experienced trauma in their lives. This has been commissioned by the Youth Safety Task Force and the Educational Psychology Service have developed the approach in partnership with Camden Learning and CAMHS. Delivery is supported by the Primary Learning Support Service and specialist teachers from the Royal Free Hospital School.

This will help agencies work together better to understand how adverse experiences have impacted on children's development. The focus is to understand what children and young people communicate through their behaviour and help make positive changes in their environment and in the support they receive.

The approach is informed by the Attachment, Regulation and Competency (ARC) framework and promotes positive relationships that nurture staff and children's wellbeing. This work will help make our systems more resilient and better able to provide the right support at the right time for our most vulnerable children. Many schools and services are already developing their Trauma Informed Practice, we have now made training and ongoing support available to Camden schools and to professionals working in them.



### What is Trauma Informed Practice?

Developing a shared understanding of what a child is communicating through their behaviour and finding more effective ways to support them. The approach helps schools, teams and services to work with all children in ways that minimise the impact of traumatic childhood experiences on children's social, emotional development and thinking and problem-solving abilities (cognitive development).



### Why adopt this approach?

To help children and young people, and the adults working with them, to develop the skills to understand and manage their own emotional responses and improve life outcomes. To help children and young people to develop the skills and understanding to help them get on in life.

### Who is involved?

School staff, youth workers, safer schools police, early help family support staff, educational psychologists, CAMHS, PLSS, and others working together.

### What does it look like in a setting?

#### Initial training

Training is for a whole day but can be delivered across 4 sessions of about 1.5 hours duration, including at twilight times.

#### Follow-up support

A small school 'champions' group is established, and consultation and on-going support provided for a year to help implement TIPiC and to work towards achieving key targets.

### For more information contact:

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