

## The Royal Free Hospital Asthma and Wheezing Awareness Day



We are pleased to invite you to The Royal Free Hospital Asthma and Wheezing Awareness Day. The day is free to attend and aimed at children, families and allied professionals including teachers, nurses and doctors who wish to extend their knowledge, understanding and confidence in the treatment and prevention of complications surrounding asthma and wheezing. Key to improving our service, and in order to improve overall patient care, there will also be an opportunity for you to provide feedback of your experiences whilst visiting your hospital or General Practitioner. If you are planning to attend, please reply to the email below. There will also be an opportunity to put questions before an expert panel, so this email address can also be used to send any questions you may have in advance or further information about the day.

[rf.asthamaawareness@nhs.net](mailto:rf.asthamaawareness@nhs.net)

Sunday 29<sup>th</sup> April 2018, The Atrium, The Royal Free Hospital, London, NW3 2QG, 12.30pm to 4.00pm

| Time          | Speaker/Activity   |
|---------------|--|
| 12.30 - 12.45 | Welcome and introduction. Dr Rahul Chodhari, Consultant Paediatrician with an interest in Respiratory Medicine and Allergy, Royal Free Hospital  |
| 1.00 - 1.15   | Instruction on the use of Aero Chambers. Tareq Ayoob, Clinical Nurse Specialist for Asthma and Chronic Obstructive Pulmonary Disease, Royal Free Hospital  |
| 1.15 - 1.30   | Primary Care. Questions to ask and what to expect from your GP. Dr Oliver Anglin, Clinical Lead for Children and Young People - Camden CCG, Clinical Lead for CYP STP - North London Partners            |
| 1.30 - 1.45   | Exercise induced bronchodilation and asthma. Causes, treatment and implications for participating in sports. Dr Lygeri Dimitriou, Senior Lecturer in Sport and Exercise Physiology, Middlesex University |
| 1.45 - 2.00   | What Matters to You? The asthma toolkit and managing asthma in the home. Adama Kargbo, Atopy Clinical Nurse Specialist, Camden Community Children's Nursing Team, Royal Free Hospital                    |
| 2.00 - 2.45   | Break. An opportunity to meet informally with other patients, families, allied professionals, speakers from national charities and your chance to discuss What Matters to You                            |
| 2.45 - 3.00   | Asthma & other allergic conditions. Dr Santanu Maity, Consultant Paediatrician with Special Interest in Paediatric Allergy, Royal Free Hospital  |
| 3.15 - 3.30   | Charitable organisations linked to Asthma. Dr Jessica Kearney and Dr Lucy Everson from Asthma Innovation Research (AIR). Asthma UK - What we do and how we can help                                      |
| 3.30 - 3.45   | Anxiety and breathing. Dr Deborah Woodman, Lead Child Clinical Psychologist & Consultant Clinical Psychologist   |
| 3.45 - 4.00   | Question & Answer Specialist Panel - Dr Rahul Chodhari, Dr Oliver Anglin, Dr Santanu Maity, Dr Lygeri Dimitriou, Dr Deborah Woodman, Adama Kargbo  |
| 4.00 - 4.05   | Access Arrangements to reduce the impact of asthma during examinations. For children taking public examinations only. Steve Green, Deputy Head of the Royal Free Hospital Children's School              |
| 4.05          | End and Evaluation   |

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