

Eating Disorders Conference



The Royal Free CAMHS Eating Disorders Intensive Service and The Royal Free Hospital Children's School would like to invite you to a morning of talks and workshops around the recognition, prevention, and management of eating disorders within schools. Eating Disorders have a major impact on learning, behaviour and health, and in addition to being reported with increasing frequency, have the highest mortality rate of any psychological condition. This is a unique opportunity to see how the multi-agency collaboration of schools, hospital schools, CAMHS, social services and other medical professionals is vital in supporting a full recovery. Delegates will have the opportunity to work collaboratively with professionals from both The Royal Free Clinical and Education teams to discuss challenges and explore solutions.

The Atrium is situated on the ground floor of the Royal Free Hospital. In case of any issues on the day please call 02074726298.

Tuesday 12th November 2019, The Atrium, The Royal Free Hospital, London, NW3 2QG
09.00am to 11.30am

Time	Speaker/Activity
8.30 - 9.00	Registration and Coffee.
9.00 – 9.05	Welcome and introduction to the two teams by Dr Vic Chapman, Consultant Psychiatrist, Royal Free CAMHS and Alex Yates, Headteacher, Royal Free Hospital Children's School
9.05 - 9.45	Keynote speaker. 'Introduction to Eating Disorders'. Recognition of signs and symptoms, different approaches to treatment and supporting families. Dr Tara Porter, Highly Specialist Clinical Psychologist, Royal Free CAMHS
9.45 - 10.00	How schools can help. 'A Teacher's Perspective' Best practice on managing eating disorders in the classroom and a guide to access arrangements and special consideration in public exams. Steve Green - Deputy Headteacher, Royal Free Hospital Children's School
10.00 - 10.40	Workshop: 'Normalising eating in school' The management of healthy eating messages. Rebecca Fisher, Dietician, Royal Free Hospital
10.40 - 11.20	Workshop: 'Supporting young people in school with their eating' Lynsay Evans, EDIS Sister, with members the Eating Disorder Intensive Service team
11.20 - 11.30	Ending and Evaluation