

Responding to Self-Harm and Eating Disorders - Developing Emotional Wellbeing in Schools

For SENDCOs, Senior Leaders and Mental Health and Wellbeing Leads

27 January 2015 @ Royal Free Hospital Atrium

9.00 - 12.30

Increased understanding of current medical approaches for children and young people with eating disorders and self-harm

Time	Focus	Who	Duration
9.00 – 9.10	Welcome & Introductions	Head of Royal Free Hospital School & Senior SEND Adviser	10 minutes
9.10 – 9.40	CAMHS Eating disorders – what is it?	Dr Vic Chapman, Child and Adolescent Psychiatrist	30 minutes
9:40-10:10	What do you do about it? i.e. schools what can you do? Recognition? Responses? What you need to know? Who needs to be involved?	Dr Tara Porter, Clinical Psychologist	30 minutes
10:10-10:40	CAMHS Self-harm – what is it?	Dr Darren Cutinha, Child and Adolescent Psychiatrist + Liz Anscombe, Child Psychotherapist	30 minutes
10.40 – 11.00 BREAK AND NETWORKING			
11.00 – 11.30	What do you do about it?	Dr Darren Cutinha, Child and Adolescent Psychiatrist	30 minutes
11:30 – 11:40	LSU – what we are doing?	Le Sainte Union Catholic School	10 minutes
11.40 – 12.05	Mentally Healthy School Student School Report	Head of Royal Free Hospital School & Educational Psychology Services	25 minutes
12:05-12:30	Questions & Answers, Feedback what do you want next? Thank you & Farewells	Key CAMHS Professionals, Head of Royal Free Hospital School, Educational Psychologist & Senior SEND Adviser	25 minutes