

Responding to Self-Harm and Eating Disorders - Developing Emotional Wellbeing in Schools

For **SENDCOs, Senior Leaders and
Mental Health and Wellbeing Leads**

Royal Free Hospital – The Atrium

27 January 2016 – 9.00-12.30



The Camden Schools Led Partnership and the Royal Free Hospital CAMHS service would like to invite all Camden schools to attend this specialised session on mental health in schools.

The session will help you

- Understand the dynamics underlying self-harm and eating disorders in the short term and long term
- Consider some of the issues about self-harm and disorders in your school
- Find practical strategies to support someone who self-harms or has an eating disorder in your school
- Discuss how to work with pupils and with their families on an on-going basis
- Find out what other schools are doing
- Find ways your school can be a Mentally Healthy School
- Develop INSET and policies for your school
- Hear from a range of professionals including Alex Yates (Head of Royal Free Hospital Children's School), Dr Darren Cutinha (Consultant Child and Adolescent Psychiatrist Royal Free CAMHS) and Helen Taylor (Assistant Head at La Sainte Union)

The session will also be an opportunity to find out what further support and guidance schools might need.

The price of admission is **1 Learning Block per delegate** (For non-Camden schools, the joining fee will be **£150 per delegate**).

For more information, please contact Helen McNulty via email at Helen.McNulty@camden.gov.uk. To book your place, please click [HERE](#).

