

What do the new standards say?

Food services other than lunch must comply with the new standards listed in the table below.

More of these healthier items			
	More fruit and vegetables	Fruit and vegetables must be provided in all school food outlets. These can include fresh, dried, frozen, canned and juiced varieties.	✓
	Drinking water	Free, fresh drinking water should be provided at all times.	✓
	Healthier Drinks	The only drinks permitted during the school day are plain water (still or sparkling), skimmed or semi-skimmed milk, fruit juice, vegetable juice, plain soya, rice or oat drinks enriched with calcium, plain yoghurt drinks, or combinations of the above. Tea, coffee and low calorie hot chocolate are also permitted.	✓
Restricted or no longer allowed			
	No confectionery	Confectionery such as chocolate bars, chocolate coated or flavoured biscuits, sweets and cereal bars must not be provided.	✗
	Salt and Condiments – Restricted	Salt must not be provided at tables or service counters. Condiments, such as ketchup and mayonnaise, must only be available in sachets or individual portions of not more than 10g or 1 teaspoonful.	✗
	Snacks – Restricted	Snacks such as crisps must not be provided. Nuts, seeds, vegetables and fruits with no added salt, sugar or fat are allowed.	✗
	No cakes and biscuits	Cakes and biscuits must not be provided (except at lunchtime).	✗
	Deep fried food – Restricted	Two deep-fried foods per week are allowed across lunch and all other food services.	✗
	Starchy food – Restricted	Starchy food cooked in fat or oil must not be used in the cooking process more than three times a week across lunch and all other food services.	✗
	Meat products – Restricted	A meat product (manufactured or homemade) from each of the four groups below may be provided no more than once per fortnight, providing the meat product also meets the standards for minimum meat content and does not contain any prohibited offal: Group 1: Burger, hamburger, chopped meat, corned meat; Group 2: Sausage, sausage meat, link, chipolata, luncheon meat. Group 3: Individual meat pie, meat pudding, Melton Mowbray pie, game pie, Scottish (or Scotch) pie, pasty or pastie, bridie, sausage roll. Group 4: Any other shaped or coated meat product.	✗